




































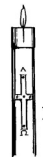
THE FORTY DAYS of LENT



RETURN to the LORD YOUR GOD

Lent 2021

<p>17 FEBRUARY</p>  <p>Ash Wednesday</p>	<p>18</p> <p>Holy Hour at St. Patrick Church. 9-10 AM</p> <p>Eucharistic Adoration at St. Mary Church. 5—7 PM</p>	<p>19 <u>St. Joseph</u>, pray for our families. Read about St. Joseph.</p> <p><u>Stations of the Cross</u> 7:00 PM St. Patrick Church</p> 	<p>20 Make a cross out of craft sticks. Then hold them as you pray:</p>  <p>“In the name of the Father and of the Son and of the Holy Spirit.”</p>
<p>21 1st Sunday of Lent</p> <p>Go to Mass</p> <p>Read Mark 1: 12-15 How long was Jesus in the wilderness?</p>	<p>22 The Chair of St. Peter</p> <p>With your family, set up a quiet Lenten corner. Set aside time each day during Lent to pray and think about ways you can come closer to God.</p>	<p>23 Read Mt 6: 9</p> <p>Offer an Our Father together. Pray it slowly and pay attention to each word and phrase.</p> 	<p>24</p> <p>Make pretzels to remind us of arms crossed in prayer.</p> 
<p>25 Visit a beautiful place and write a thank you note to God for creating it.</p>  <p>Eucharistic Adoration at St. Mary, 5—7 PM</p>	<p>26</p>  <p><u>Stations of the Cross</u> 7:00 PM St. Thomas Aquinas Church</p>	<p>27</p> <p>Fast from email, text messaging, or both for one day.</p> 	<p>28 2nd Sunday of Lent</p> <p>Go to Mass</p> <p>Read Mark 9: 2-10 What happened to Jesus’ clothes after he transfigured?</p>
<p>1 MARCH</p> <p>Give up a favorite TV program or youtube channel for one week. Spend quality time with your family.</p> 	<p>2</p> <p>Make a list of people who need your prayers. Set aside time each day to pray for them.</p> 	<p>3</p> <p>Write a letter to someone who has influenced your faith.</p> 	<p>4</p> <p>“Could you not spend one hour with me?”</p>  <p>Eucharistic Adoration at St. Mary Church. 5—7 PM</p>
<p>5</p>  <p><u>Stations of the Cross</u> 7:00 PM Holy Angels Church</p>	<p>6</p> <p>When you hear sirens or see an ambulance, pray for those who may be in trouble.</p> 	<p>7 3rd Sunday of Lent</p> <p>Go to Mass</p> <p>Read John 8: 7</p> <p>Think carefully before you speak to make sure your words are filled with kindness.</p>	<p>8</p> <p>Perform an examination of conscience.</p> <p>http://www.renewaloffaith.org/reconciliation.html</p>
<p>9 Penance Service</p> <p>10:00 AM at St. Patrick Church</p> <p>Read Lk 6: 37</p> <p>Pray the Act of Contrition.</p> 	<p>10</p> <p>When grocery shopping, purchase additional food and drop off for the food pantry.</p>	<p>11 Read Ps 34: 19</p> <p>Name some of the “brokenhearted” people. Pray for their comfort & consolation.</p> <p>Eucharistic Adoration at St. Mary, 5—7 PM</p>	<p>12</p>  <p><u>Stations of the Cross</u> 7:00 PM St. Mary Church</p>
<p>13</p> <p>Offer to play a game with a sibling or friend. Let them choose the game!</p> 			

<p>14 4th Sunday of Lent</p> <p>Go to Mass</p> <p>Read John 3: 21</p> <p>Thank someone today who has been the light of Christ for you.</p> 	<p>15</p> <p>Smile and say something nice to everyone you meet today.</p> 	<p>16</p>  <p>Today is a good day to make Easter cards.</p>	<p>17</p> <p>Read about St. Patrick. Cook an Irish dinner, and learn about the Trinity.</p> 	<p>18</p> <p>“Holy Hour at St. Patrick Church. 9-10 AM.</p> <p>Eucharistic Adoration at St. Mary Church. 5—7 PM</p> 	<p>19</p>  <p>Stations of the Cross 7:00 PM St. Lucy Church</p>	<p>20</p> <p>When we visit someone lonely, we visit Jesus.</p> 
<p>21 5th Sunday of Lent</p> <p>Go to Mass</p> <p>Read Jer 31: 33</p> <p>How has God blessed your family? How will you live as God’s people this week?</p>	<p>22 Today is the first day of Spring! How about spring cleaning? What can your family “clean out” to give to others?</p> 	<p>23</p>  <p>Spring is the season of Lent and Easter and God’s love. Go for a walk and look for God’s signs of Spring!</p>	<p>24 Penance Service</p> <p>6:30 PM at St. Mary Church</p> <p>Focus your prayers & thoughts on God’s forgiveness. Ask someone you’ve hurt for forgiveness.</p>	<p>25 The Annunciation</p> <p>God’s angel brings Mary special news about a special baby to be born.</p> <p><u>Pray the Rosary.</u></p> 	<p>26</p>  <p>Stations of the Cross 7:00 PM St. Patrick Church</p>	<p>27</p> <p>Bake Hot Cross Buns and find out why they are baked during Lent.</p> 
<p>28 Palm Sunday</p> <p>Go to Mass</p> <p>Read Mk 11: 9</p>  <p>Place palm branches in a place where they will remind you to give praise to Jesus each day this week.</p>	<p>29</p>  <p>Over dinner, ask, who did I help today.</p>	<p>30</p> <p>Have a simple dinner of soup and bread tonight</p> 	<p>31</p> <p>Prepare your home for Easter: plan your meal, color eggs, etc.</p> 	<p>1 Holy Thursday</p>  <p>Do This in Remembrance of Me</p>	<p>2 Good Friday</p> <p>Read Jn 19: 30</p> <p>Place a crucifix in the place where your family gathers for prayer. Take turns holding it and offer a prayer for all who are suffering today.</p> 	<p>3 Easter Vigil</p> <p>Read Rom 6: 8</p> <p>Pray for those who will find new life in Christ as they are baptized at the Easter Vigil tonight.</p>  <p>EASTER VIGIL</p>

Alleluia! Happy Easter!

“This is the day the Lord has made; let us rejoice and be glad.”

Psalms 118: 24

